

Southern Cross
Cardiovascular Services

Healthy Heart, Healthy You

Appointments & Enquiries:

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Ph: +61 3 8582 6965

Fax: +61 3 8582 6966

Email: reception@sccvs.com.au

All Correspondence to:

Suite 5, 2 Enterprise Drive, Bundoora VIC 3083

Patient Details	Patient name	Sex	Date of birth
	Patient address	Phone / Mobile	

Test Required	<input type="checkbox"/> Echocardiogram	<input type="checkbox"/> 24 Hour BP Monitor
	<input type="checkbox"/> Stress Echocardiogram and Baseline Echocardiogram	<input type="checkbox"/> Cardiologist Consultation
	<input type="checkbox"/> 24 Hour Holter Monitor	<input type="checkbox"/> ECG
	<input type="checkbox"/> 28 Day HeartBug Monitor	

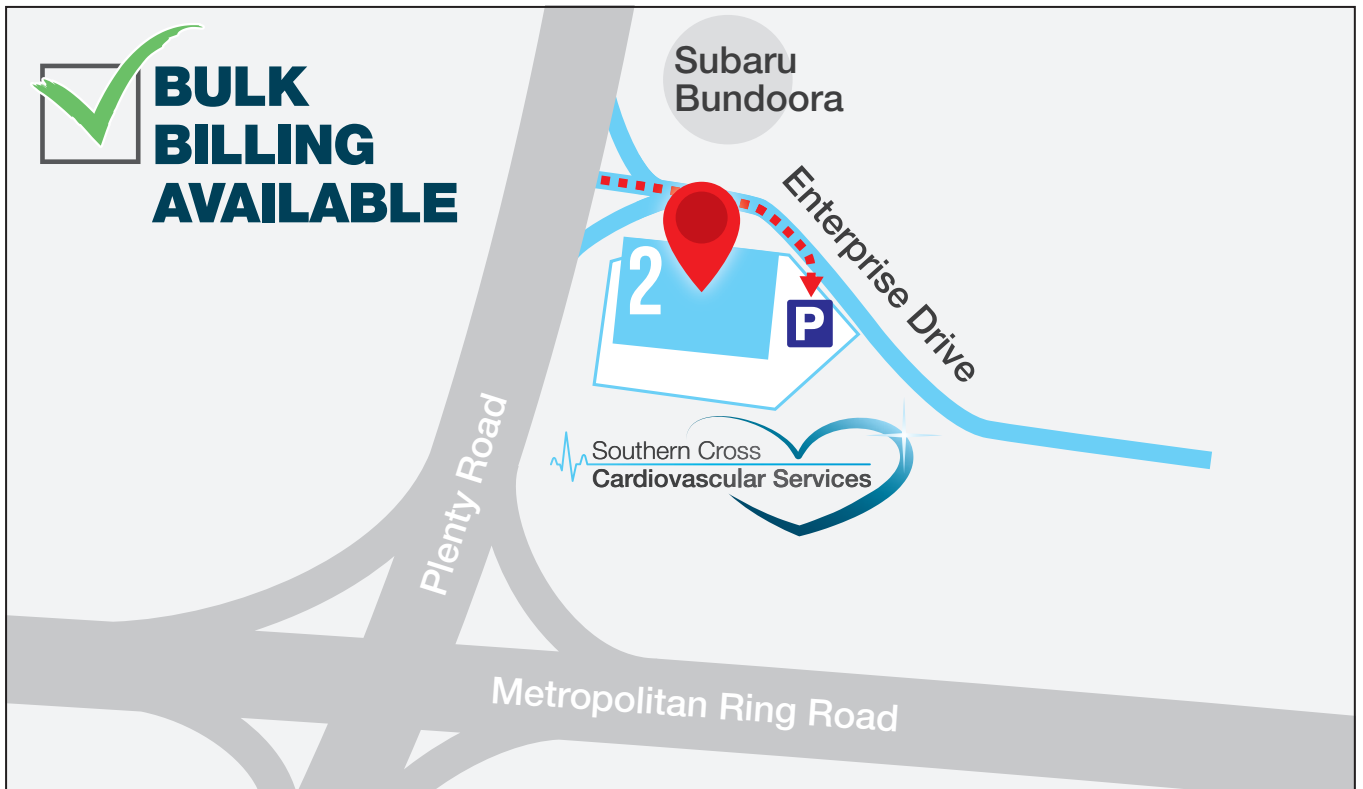
Clinical notes
<i>DOCTOR'S SIGNATURE & REQUEST DATE</i>

Copy to	<i>REFERRING DOCTOR (PROVIDER NUMBER, NAME & INITIALS, ADDRESS)</i>
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PLEASE CHOOSE APPROPRIATE INDICATION FOR MEDICARE BENEFITS FOR ECHOCARDIOGRAM & STRESS ECHOCARDIOGRAM

ECHOCARDIOGRAM	STRESS ECHOCARDIOGRAM
<input type="checkbox"/> a) Signs & symptoms of cardiac failure	<input type="checkbox"/> i) Angina/atypical angina
<input type="checkbox"/> b) Suspected/known ventricular hypertrophy or dysfunction	<input type="checkbox"/> ii) Exertional symptoms e.g. dyspnoea
<input type="checkbox"/> c) Pulmonary hypertension	<input type="checkbox"/> iii) Ischaemic ECG changes
<input type="checkbox"/> d) Valvular, aortic or pericardial disease	<input type="checkbox"/> iv) CAD detected on Angio/CT
<input type="checkbox"/> e) Embolic disease	<input type="checkbox"/> v) Pre-op assessment in patients with exercise intolerance
<input type="checkbox"/> f) Other indications i.e. cardiac tumour, congenital	<input type="checkbox"/> vi) Valvular heart disease
<input type="checkbox"/> g) Cardiotoxic medication(s)	<input type="checkbox"/> vii) Suspected silent ischaemia

*** Please ensure MBS criteria is met when requesting any investigation to be eligible for Medicare rebate. If criteria is not met, please consider Cardiologist consultation for further assessment.**



Echocardiogram

- An ultrasound of the heart.
- No preparation is required.
- The test takes approximately 30 to 45 minutes.

Treadmill Stress Echocardiogram

- Comfortable clothing and runners should be worn.
- Only light meals for two hours prior to the procedure.
- Some medication may need to be stopped; please check with your referring doctor or contact our friendly reception staff.
- Test takes approximately 30 minutes.

24 Hour Holter Monitor and 24 Hour Blood Pressure Monitor

- Monitors are worn to measure heart rate or blood pressure for a 24 hour period.
- No showering is permitted whilst wearing the monitor.
- The monitor must be returned the following day at the same time it was fitted.

More information on the website

www.sccvs.com.au